

## HOW TO APPLY FOR PACIFICARE INDIVIDUAL AND FAMILY PLANS

Here are the steps to follow to ensure your application is processed as quickly as possible.

### 1. Application, Plan and Payment Information

Be sure to answer all questions completely and provide all the requested information. Incomplete information may result in a processing delay.

- **Print clearly using black ink.** Please don't type on your form.
- **Select the date you wish coverage to become effective.** PacifiCare allows effective dates beginning on the 1st of the month. Please submit your application by the 20th of the month to be considered for the 1st of the following month. Actual effective dates are determined by PacifiCare. **Do not cancel any existing coverage until you are notified by PacifiCare that you have been accepted.**
- **Select a method of payment for your first month's premium.**
  - **Check.**
  - **Credit Card.** (For this payment method you must enclose your completed Credit Card Payment Authorization Form.)
- **Select a method of payment for your recurring monthly payments.**
  - **Easy Pay.** We will automatically deduct your monthly premium from your checking account each month. If you prefer this option, please submit a completed Easy Pay Form (enclosed).
  - **Monthly Payment.** Send us a check by the 1st of each coverage month.
- **Applicant Information.** Please list yourself as the Primary Applicant. If married, include your spouse as a Dependent (if the spouse is also applying). If the parent/guardian is applying for a child only, list the child's name as the Primary Applicant.
- **Enrollment Information.** Please answer all the questions in this section for each family member applying.

### 2. Oregon Standard Health Statement

Answer every question in full. Otherwise, your application may be returned to you, resulting in a delay in processing.

- **Be sure to mark "yes" or "no" for each item listed for yourself and all family Members listed on the application.** Even if your application is approved, any omissions or false statements may result in future claims being denied and/or termination of your coverage.

- **Include all requested details and explanations.** If you need to include additional information or explanations, simply attach an extra sheet.

### 3. Send Your Completed Application to PacifiCare

- **Review your application to be sure it is complete.**
- **Be sure to disclose all health history on the Oregon Standard Health Statement for all family members listed on the application.** Even if your application is approved, any omissions or false statements may result in future claims being denied and/or termination of your coverage.
- **Sign and date your application.** You, your Spouse (if applying) and any listed Dependent age 18 or over must sign and date the application.
- **Enclose your first premium check or your completed Credit Card Payment Authorization Form.**
- **Mail your application to:**

PacifiCare Individual Plans  
Individual Underwriting  
M/S # CY24-155  
P.O. Box 3069  
Cypress, CA 90630-9962

After reviewing your Oregon Standard Health Statement, PacifiCare will notify you if your application has been approved or declined for coverage. We will also contact you should we need additional information.

Upon acceptance of your Oregon Standard Health Statement, your policy will be effective the 1st of the month following the approval date. You may change your coverage election and reapply for a replacement election within 10 days of original acceptance.

If your application for coverage is declined, your original premium check will be returned to you with a declination letter.

**Before sealing the envelope, be sure to enclose:**

- Your completed Enrollment Application
- Your first premium check or Credit Card Payment Authorization form
- Your Easy Pay Form if you choose to automatically deduct monthly premium from your checking account

**Please note: Coverage does not become effective under any circumstances until an application has been underwritten and approved by PacifiCare.**

# PacifiCare Life Assurance Company

## INDIVIDUAL PLAN APPLICATION

IMPORTANT: PLEASE PRINT IN BLACK INK. Every question must be answered completely by applicant or guardian. Application must be signed to be valid.

### Application, Plan and Payment Information

A. Please check one:  Applying for Coverage  Adding Dependents to  Changing my Plan

B. Requested Effective Date: 1st of      -      / mm - yy

Note: Your requested effective date is not guaranteed. Actual effective date is determined by PacifiCare.

C. Select ONE plan:

#### PacifiCare SignatureFreedom<sup>SM</sup> (SDHP PPO)

- SDHP PPO 80-60%/\$1,500  Include Alcoholism Rider  
 SDHP PPO 80-60%/\$3,000  Include Alcoholism Rider

#### PacifiCare SignatureOptions<sup>SM</sup> (PPO)

- PPO 80-60%/\$5,000  Include Alcoholism Rider

#### PacifiCare SignatureFreedom<sup>SM</sup> Elect (SDHP EPO)

- SDHP EPO 70%/\$3,000  Include Alcoholism Rider

D. Choose your payment First Month's Payment (please select one option) method for:  Check enclosed: amount of \$ \_\_\_\_\_

- Credit Card (Enclose your completed Credit Card Authorization Form – payment will be deducted only if application is approved.)

Recurring Monthly Payment (please select one option. Credit Card payment is not available for recurring monthly payments.)

- Monthly bill  
 Monthly Easy Pay (Enclose your completed Easy Pay form and a voided check.)

Individual benefit plans are not intended for sale as an employer-sponsored health benefit plan for employees. For information on small employer health benefit plans, contact the Oregon Sales department at 1-800-922-1444.

### Applicant Information

#### Primary Applicant's Name

Last	First	MI
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#### Home Address (P.O. Box not acceptable)

Street	Apt. #	City	County	State	ZIP
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#### Mailing Address (If different from home address)

Street	Apt. #	City	State	ZIP
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#### Phone Number

Home	Work	E-mail	<b>Marital Status</b> <input type="checkbox"/> Single <input type="checkbox"/> Married
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### Enrollment Information

List yourself and all eligible family members applying for coverage.

Relationship	Last Name	First Name	M.I.	Gender	Social Security #	Height	Weight	Birth Date (Mo/Day/Yr)	Age
Applicant				<input type="checkbox"/> M <input type="checkbox"/> F					
Spouse				<input type="checkbox"/> M <input type="checkbox"/> F					
Child				<input type="checkbox"/> M <input type="checkbox"/> F					
Child				<input type="checkbox"/> M <input type="checkbox"/> F					
Child				<input type="checkbox"/> M <input type="checkbox"/> F					
Child				<input type="checkbox"/> M <input type="checkbox"/> F					

Explain relationship to applicant for any member listed above whose last name is different from the applicant: \_\_\_\_\_

**Oregon Standard Health Statement**

**Notice to Applicant:** You are not required to disclose any information on any part of this application about genetic testing or genetic information relating to you or to any blood relative. You are not required to disclose any decision by an insurance company that is based on a genetic test or on genetic information.

Please mark "Yes" or "No" for each question for you and any family members requesting coverage. Provide details on Page 4 to any questions answered "Yes." (For the purpose of these questions, chronic means persistent, continuous, or periodic, or a combination of any of these terms.)

Within the last five years, has **anyone** listed on this application had any medical advice, diagnosis, care, or treatment, including prescribed medications, recommended or received from a licensed health care professional or had any illness, ailment, injury, health problem, symptoms, physical impairment, surgery or hospital confinement related to any of the following conditions:

- |  |  |
|--|--|
| <p>1. AIDS, ARC, HIV positive . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>2. Alcohol/chemical/drug abuse/habit . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>3. Anemia/chronic fatigue . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>4. Appendicitis/chronic abdominal pain . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>5. Back/neck/spine . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>6. Birth defect/congenital deformities . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>7. Bladder/urinary tract . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>8. Blood/circulatory . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>9. Bone/orthopedic . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>10. Brain disease or injury/concussion . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>11. Breast (lumps or masses) . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>12. Cancer . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>13. Chemotherapy/radiation treatment . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>14. a. Colon/rectum/intestine/bowel . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         b. Blood in stool . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>15. Convulsion/seizures/epilepsy . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>16. Diabetes/sugar in urine . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>17. Chronic ear/nose/throat/tonsil . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         condition/disease/disorder</p> <p>18. Eating disorders such as, but not . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         limited to, anorexia or bulimia</p> <p>19. Emphysema/asthma/chronic lung . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         disease (COPD)</p> <p>20. Endocrine/gland/hormone system . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>21. Disease or injury of eye/cataract/glaucoma . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>22. Gallbladder/pancreatic disease . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>23. Chronic headaches/migraines . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>24. Heart/chest pain/angina . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>25. Hernia . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>26. High cholesterol (If "Yes," record last . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         reading on page 4)</p> | <p>27. High blood pressure (if "Yes," record . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         last reading on page 4)</p> <p>28. Kidney/kidney stones . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>29. Knee/shoulder/hip/other joints . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>30. Liver condition/hepatitis . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>31. Lupus, chronic muscle pain, muscle . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         Injury or disease, or fibromyalgia</p> <p>32. a. Mental/emotional . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         condition/depression<br/>         b. Therapy/counseling within last 5 . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         years (if "Yes," record date of last<br/>         session on page 4)</p> <p>33. Neurological condition/disease/injury . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>34. Phlebitis/blood clot . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>35. Osteoarthritis/osteoporosis/osteopenia . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>36. Prostate/elevated PSA/prostatitis . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>37. Reproductive system disorder/infertility . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>38. Chronic respiratory/lung condition . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>39. Rheumatoid arthritis . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>40. Sexually transmitted disease(s) . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>41. Skin condition, abnormal or . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         cancerous moles or eczema/cysts/cancer</p> <p>42. Sleep apnea/chronic sleep disorder . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>43. Stomach disorders/ulcer/acid reflux . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>44. Stroke/paralysis/seizures . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>45. Tumors . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>46. TMJ/jaw joint . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>47. Weight fluctuation (+/-20 lbs.) . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>48. Cosmetic surgery/implants, use of . . . . . <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>         prosthetic devices/limbs</p> |
|--|--|

49. Has any person on this application used tobacco products in any form within the last five years?  Yes  No. If yes: \_\_\_\_\_

Name _____ type of product _____	Name _____ type of product _____
Name _____ type of product _____	Name _____ type of product _____

50. Please provide the following information for each female on this application:

Family member name			
a. Initial menstrual cycle begun?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
b. Date of last menstrual period			
c. If (b) is more than 35 days ago, please explain:			
d. Excessive or absent menstrual bleeding?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
e. If (d) Is yes, please explain:			
Date of last Depo-Provera shot?			
Abnormal Pap smears?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Prior cesarean section or miscarriage?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

**Oregon Standard Health Statement (continued)**

51. Is any person on this application now pregnant?  Yes  No

If yes, name \_\_\_\_\_ due date \_\_\_\_/\_\_\_\_/\_\_\_\_

52. Is any person on this application, including male applicants and dependent males or females, responsible for a current pregnancy?  Yes  No

53. Please provide the following information for each person on this application. Within the last five years, has any person on this application:

- a. Had any medical advice, diagnosis, care, or treatment, including prescribed medications, recommended or received from a licensed health care professional, or had any illness, ailment, injury, health problem, symptoms, physical impairment, surgery or hospital confinement not listed above?  Yes  No
- b. Had chronic cough, fatigue, diarrhea, or enlarged glands?  Yes  No
- c. Been advised to have or contemplated having an operation or medical procedure not yet performed?  Yes  No
- d. Been scheduled to see a health care provider?  Yes  No
- e. Taken any prescription medication on a regular basis?  Yes  No

54. List all medications currently being taken by any person on this application:

Name	Medications	Prescribed by (name/address/telephone)	Date prescribed

**Other Insurance Information**

Has any insurance company declined, postponed, refused, restricted or increased premium for health reasons, for life or health insurance coverage for you or any of your dependents listed on this application within the last five years?

Yes  No If yes, give the name of the person and the reasons: \_\_\_\_\_  
 \_\_\_\_\_

Do you or any family members listed on this application have other active health or medical coverage (Medicare, Medicare Advantage or Medical Supplement Coverage)? If so and you are applying within 63 days of the termination of that coverage, you may be eligible for prior coverage credit toward pre-existing or other coverage limitations on these plans.

Yes  No Name of Family Member: \_\_\_\_\_  
 Name of Insurance Company: \_\_\_\_\_  
 Effective Date: \_\_\_\_\_ Termination Date: \_\_\_\_\_

**Additional Space for Medical History**

**Please provide specific details below to each question answered Yes on the previous page.**

Last Name		First Name		MI
Question Number		Dates Treated		
Condition and Treatment (including medications)			Final Result <input type="checkbox"/> Ongoing (please check one) <input type="checkbox"/> Resolved	
Attending Physician/Hospital Name		Street Address		
City		State	ZIP	Phone No.
Last Name		First Name		MI
Question Number		Dates Treated		
Condition and Treatment (including medications)			Final Result <input type="checkbox"/> Ongoing (please check one) <input type="checkbox"/> Resolved	
Attending Physician/Hospital Name		Street Address		
City		State	ZIP	Phone No.

### Additional Space for Medical History (continued)

Last Name		First Name			MI
Question Number	Dates Treated				
Condition and Treatment (including medications)				Final Result (please check one)	<input type="checkbox"/> Ongoing <input type="checkbox"/> Resolved
Attending Physician/Hospital Name		Street Address			
City	State	ZIP	Phone No.		
Last Name		First Name			MI
Question Number	Dates Treated				
Condition and Treatment (including medications)				Final Result (please check one)	<input type="checkbox"/> Ongoing <input type="checkbox"/> Resolved
Attending Physician/Hospital Name		Street Address			
City	State	ZIP	Phone No.		

**Attach additional pages if necessary.**  I have attached \_\_\_\_\_ page(s).

### Certification and Authorization

**Be sure to sign and date the application. Your spouse's and/or adult dependent's signature is required if applicable. The signatures apply to both the Certification of Completion and Correctness and the Authorization for Release of Information.**

### Certification of Completeness and Correctness

I affirm that the answers given in this Oregon Standard Health Statement are complete and correct. I have provided these answers as a part of the application procedure required by this insurance carrier to enroll in its insurance coverage. I understand that if this application contains any material misstatements or omissions, the insurance carrier may, within the first two years of coverage, deny coverage, modify or cancel the contract, or take other legal action. I will promptly inform the insurance carrier in writing if anything happens before my coverage takes effect that makes this incomplete or incorrect. I understand and agree that no coverage shall be in force until approved by the insurance carrier. If approved, coverage will be in force upon the effective date determined by the carrier. The carrier may contact me to clarify answers on this application. As the applicant, I understand I have the right to inspect the information in my file.

### Authorization for Collection, Use and Disclosure of Personal Information

**Type of Information to be Disclosed** I (We) authorize: any physician; health care provider; hospital; insurance or reinsurance company; or the Medical Information Bureau, Inc. (MIB) to disclose a copy of my (our) personal health information, including any and all diagnostic, procedural, treatment, claim, prescription or health-related information including records concerning alcohol and/or chemical dependency, reproductive health (including abortion), sexually transmitted diseases, HIV, AIDS, psychiatric disorders, mental illness and genetic testing to PacifiCare of Oregon or its representative.

**Purpose of Disclosure** I (We) understand that personal information will be used for underwriting, evaluating enrollment in the health plan, determining eligibility for benefits and paying claims.

**Timeframe of Release** Unless I revoke it, this release will remain valid for twenty-four (24) months from the date of my signature below.

**Revocation of Release** I understand that I may revoke this authorization at any time before I become a PacifiCare member, except for instances that PacifiCare has already taken action based on the authorization, by mailing my written revocation to: **PacifiCare Individual Plans, Individual Underwriting, M/S # CY24-155, P.O. Box 3069, Cypress, CA 90630-9962.**

**Effect of Declining to Sign This Application** This authorization is a condition of your enrollment in our health plan or your eligibility for benefits. If you decide not to sign this authorization, we may decline to enroll you in our health plan or to give you benefits.

### Terms and Conditions

- It is an eligibility requirement of these plans that the applicant is, **and continues to remain**, an Oregon resident.
- The application must be signed by both the applicant and legal spouse, no more than 60 days prior to the effective date of coverage.
- The application must be received a minimum of 10 days prior to the effective date of coverage.
- The premiums for this policy are not paid or sponsored directly by my employer.
- Please be advised that an improperly completed application or requests for medical records may cause delays in the processing of this application.
- I understand that if I/We are declined for the plan requested on this application I/We may be offered a Plan(s) for which I/We would be accepted.

